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Color Meanings Blue Blue is the color of relaxation and peace. You should imagine blue when you need to relax and unwind. Blue is good if you are suffering from insomnia. It can also be visualized when you need to clear the mind or when you are having problems thinking clearly. The complementary color of blue is orange. Green

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Color theory has described perceptual and psychological effects to this contrast. Warm colors are said to advance or appear more active in a painting, while cool colors tend to recede; used in interior design or fashion, warm colors are said to arouse or stimulate the viewer, while cool colors calm and relax.

Color theory - Wikipedia

Using Relaxer & Color at the same Time Q: I am an African American woman with a somewhat normal length of hair. I recently changed beauticians and was seeing a greater change in the length and condition of my hair.

Using relaxer and hair color at the same time on African

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